

Super Easy Fruit Smoothie



Ingredients

A little less than 1 cup frozen berries

½ banana

1 tbsp honey

Vanilla soy milk to desire consistency

Directions

Place berries, banana, and honey in Magic Bullet or blender.

Fill with soy milk if you're using a Magic Bullet or to level with the fruit if you're using a blender.

Blend until the fruit is well ground.

Pour into glass. Add additional soy milk to thin to desired consistency. Stir and serve!



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