Two-Potato Chickpea Curry



Makes approx. 6 servings

Ingredients

- 1 tbsp olive oil
- 2 onions chopped
- 2 cloves garlic
- 1 tbsp minced gingerroot
- 1/2 tsp cracked black peppercorns
- 2 cups water
- 4 cups cubed potato (I leave the skins on mine but wash them well)
- 4 cups cubed sweet potato
- 1 15 oz can chickpeas
- 2 tsp Thai red curry paste
- 1 cup coconut milk
- 2 cups frozen peas
- Handful of chopped cilantro



Directions

Cook the onions in olive oil on medium heat until soft. Add garlic ginger and peppercorns and cook for a few more minutes. Add water and bring to a boil.

Add the potatoes and cook on medium heat until potatoes are tender–approx 20 minutes.

Add the chickpeas and peas.

Mix together the curry paste and 1/4 cup of the coconut milk.

Mix the curry paste/coconut milk mixture into the pot and add the remaining 3/4 cups of coconut milk. Mix together and let cook for approx 5-10 minutes.

Garnish with cilantro.

This recipe is adapted from Judith Finlayson's Potato and Pea Coconut Curry in the Vegetarian Slow Cooker.

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